

---

# Current guidelines for surgical coronary revascularization – strength and weakness

---

Do Jung Kim

Department of thoracic and cardiovascular surgery  
Ajou University Hospital, Ajou University School of Medicine



# Current Guidelines on Surgical Coronary Revascularization



European Heart Journal (2019) 40, 87–165  
doi:10.1093/eurheartj/ehy394

**ESC/EACTS GUIDELINES**

## 2018 ESC/EACTS Guidelines on myocardial revascularization

The Task Force on myocardial revascularization of the European Society of Cardiology (ESC) and European Association for Cardio-Thoracic Surgery (EACTS)

Developed with the special contribution of the European Association for Percutaneous Cardiovascular Interventions (EAPCI)

JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY  
© 2022 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION  
AND THE AMERICAN HEART ASSOCIATION, INC.  
PUBLISHED BY ELSEVIER

VOL. 79, NO. 2, 2022

### CLINICAL PRACTICE GUIDELINE: EXECUTIVE SUMMARY

## 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization: Executive Summary

A Report of the American College of Cardiology/American Heart Association  
Joint Committee on Clinical Practice Guidelines

### CLINICAL PRACTICE GUIDELINE

VOL. 82, NO. 9, 2023

## 2023 AHA/ACC/ACCP/ASPC/NLA/PCNA Guideline for the Management of Patients With Chronic Coronary Disease



A Report of the American Heart Association/American College of Cardiology  
Joint Committee on Clinical Practice Guidelines

*Developed in Collaboration With and Endorsed by the American College of Clinical Pharmacy,  
American Society for Preventive Cardiology, National Lipid Association, and  
Preventive Cardiovascular Nurses Association*



# Guidelines on Surgical Coronary Revascularization

---

## Strengths of Guidelines

- Evidence-Based Recommendations.
  - Recommendations based on the latest research and clinical trials
  - SYNTAX, PRECOMBAT, NOBLE, EXCEL
- Standardization.
  - Provides uniformity in treatment approaches.
- Comprehensive Care (Inclusive recommendations for various patient groups)
  - Recommendations based on different risk groups and anatomical complexities
  - Emphasis on personalized patient care
- Multidisciplinary Approach.
  - Collaboration among cardiac surgeons, cardiologists, and other specialists

# Guidelines on Surgical Coronary Revascularization

---

## Weaknesses of Guidelines

- Research Limitations
  - Insufficient reflection of the most recent studies
  - Sample size and scope limitations in some studies
- Variability in Implementation.
  - Differences in adherence to guidelines across different regions and institutions
  - Limited data on specific groups such as women, elderly, and minorities
- Limited Flexibility.
  - Inadequate reflection of individual patient characteristics
  - Challenges in applying to diverse clinical scenarios
- Update Delays.
  - Lag between new research findings and guideline updates

# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## Improving Equity of Care in Revascularization

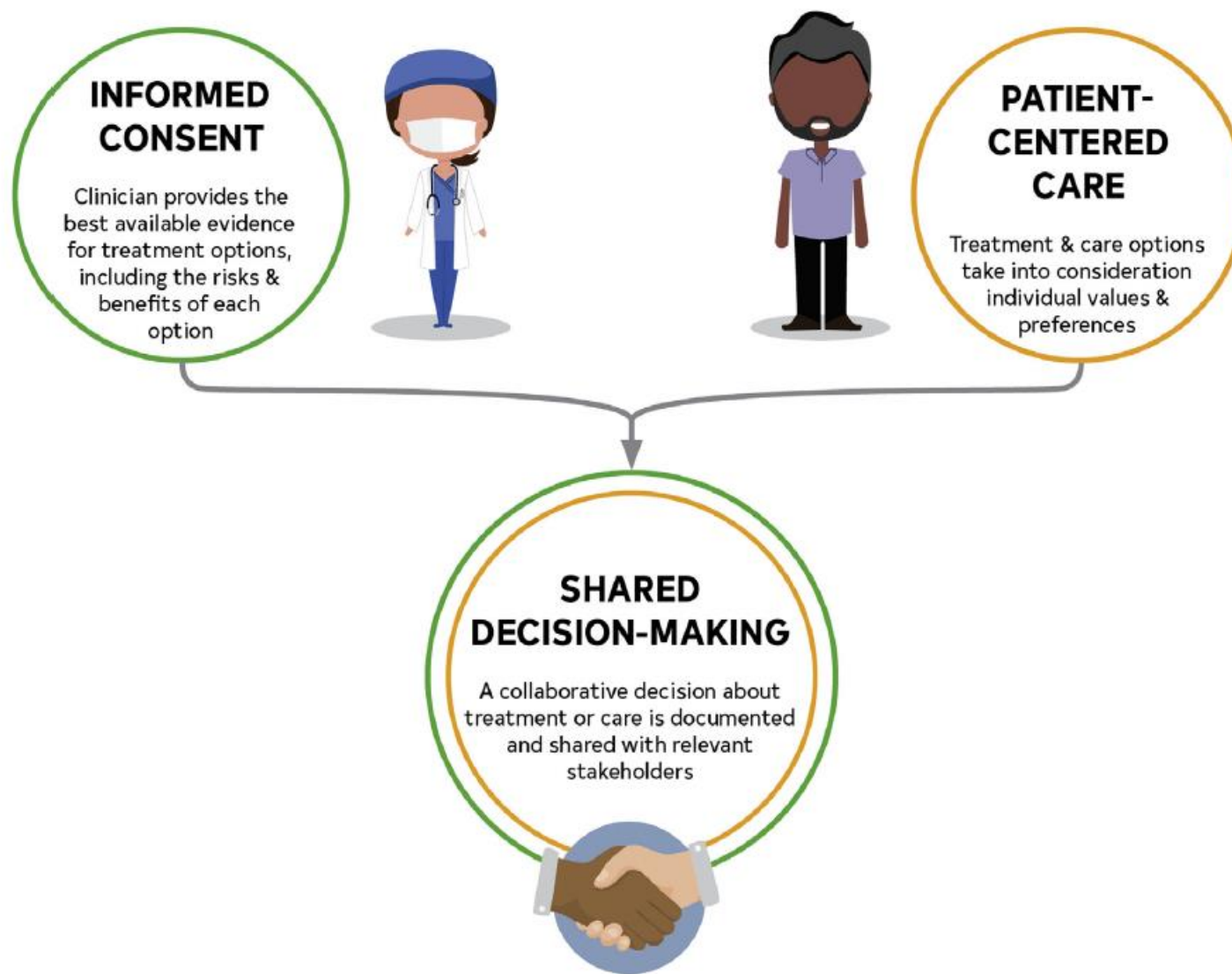
COR	LOE	RECOMMENDATION	TAKE-HOME MESSAGE NO. 1
1	B-NR	1. In patients who require coronary revascularization, <u>treatment decisions should be based on clinical indication</u> , regardless of sex (9-15), or race or ethnicity (16-18), and efforts to reduce disparities of care are warranted (19,20).	

## Shared Decision-Making and Informed Consent

COR	LOE	RECOMMENDATION	TAKE-HOME MESSAGE NO. 2
1	C-LD	1. In patients undergoing revascularization, <u>decisions should be patient-centered</u> —that is, considerate of the patient's preferences and goals, cultural beliefs, health literacy, and social determinants of health—and made in collaboration with the patient's support system (27,28).	
1	C-LD	2. In patients undergoing coronary angiography or revascularization, <u>adequate information about benefits, risks, therapeutic consequences, and potential alternatives</u> in the performance of percutaneous and surgical myocardial revascularization should be given, when feasible, with sufficient time for informed decision-making to improve clinical outcomes (29-31).	

# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

**FIGURE 2** Shared Decision-Making Algorithm



# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## Heart team approach

TAKE-HOME MESSAGE NO. 2

COR	LOE	RECOMMENDATION
1	B-NR	1. In patients where the optimal treatment strategy is unclear, a <u>Heart Team approach</u> that includes representatives from interventional cardiology, cardiac surgery, and clinical cardiology is recommended to improve patient outcomes (21-26).

**TABLE 2** Factors for Consideration by the Heart Team

Coronary Anatomy

- Left main disease
- Multivessel disease
- High anatomic complexity (i.e., bifurcation disease, high SYNTAX score)

Comorbidities

- Diabetes
- Systolic dysfunction
- Coagulopathy
- Valvular heart disease
- Frailty
- Malignant neoplasm
- End-stage renal disease
- Chronic obstructive pulmonary disease
- Immunosuppression
- Debilitating neurological disorders
- Liver disease/cirrhosis
- Prior CVA
- Calcified/porcelain aorta
- Aortic aneurysm

**TABLE 2** Continued

Procedural Factors

- Local and regional outcomes
- Access site for PCI
- Surgical risk
- PCI risk

Patient Factors

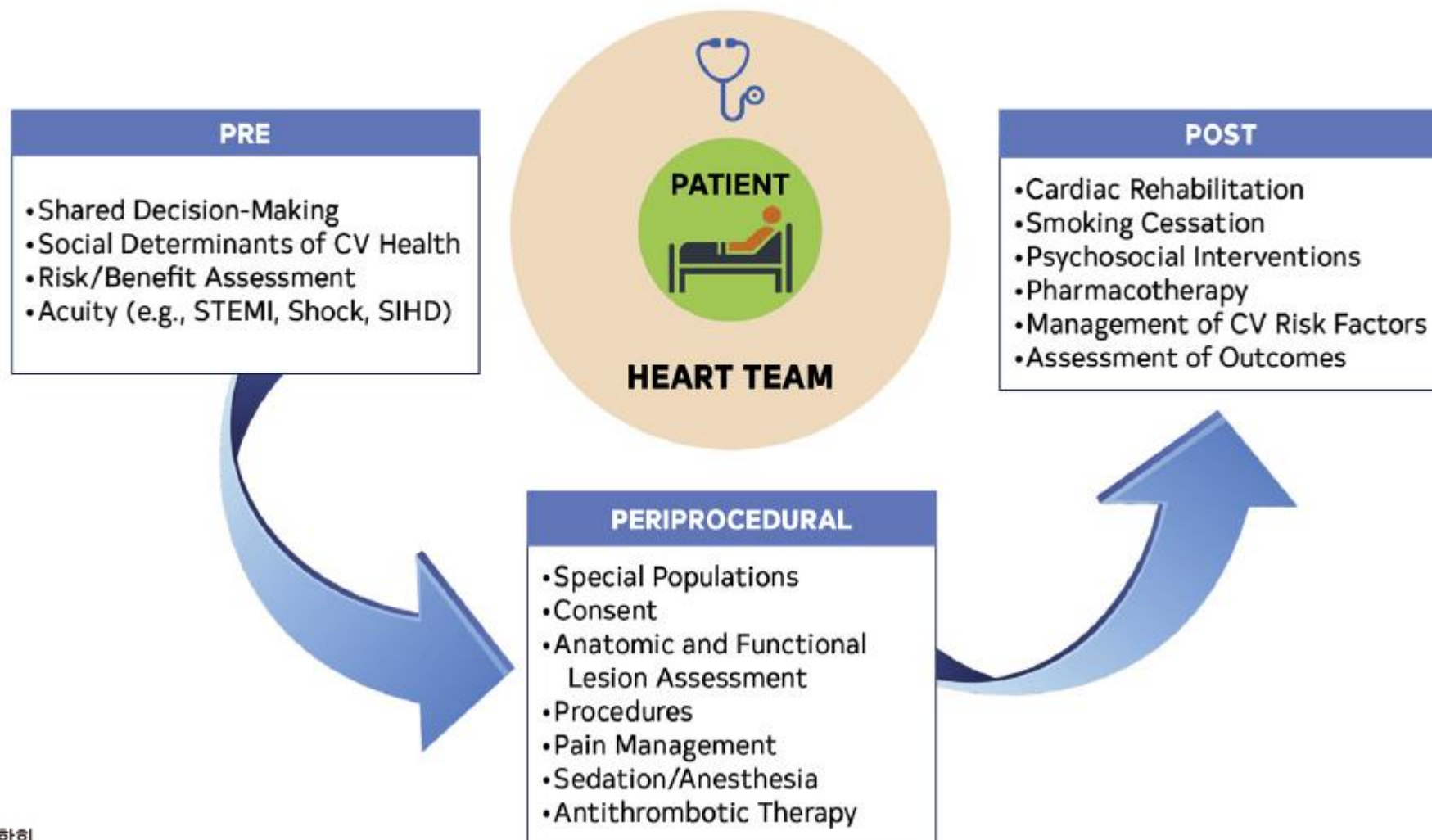
- Unstable presentation or shock
- Patient preferences
- Inability or unwillingness to adhere to DAPT
- Patient social support
- Religious beliefs
- Patient education, knowledge, and understanding

CVA indicates cerebrovascular accident; DAPT, dual antiplatelet therapy; PCI, percutaneous coronary intervention; and SYNTAX, Synergy Between PCI With TAXUS and Cardiac Surgery.



# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

**FIGURE 1** Phases of Patient-Centric Care in the Treatment of Coronary Artery Disease





# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## Revascularization to Improve Survival in SIHD Compared With Medical Therapy

- Left main stenosis

COR	LOE	RECOMMENDATIONS	TAKE-HOME MESSAGE NO. 3
1	B-R	1. In patients with SIHD and significant <u>left main stenosis</u> , <u>CABG is recommended to improve survival (36-39).</u>	
2a	B-NR	2. In selected patients with SIHD and significant left main stenosis for whom PCI can provide equivalent revascularization to that possible with CABG, PCI is reasonable to improve survival (36).	

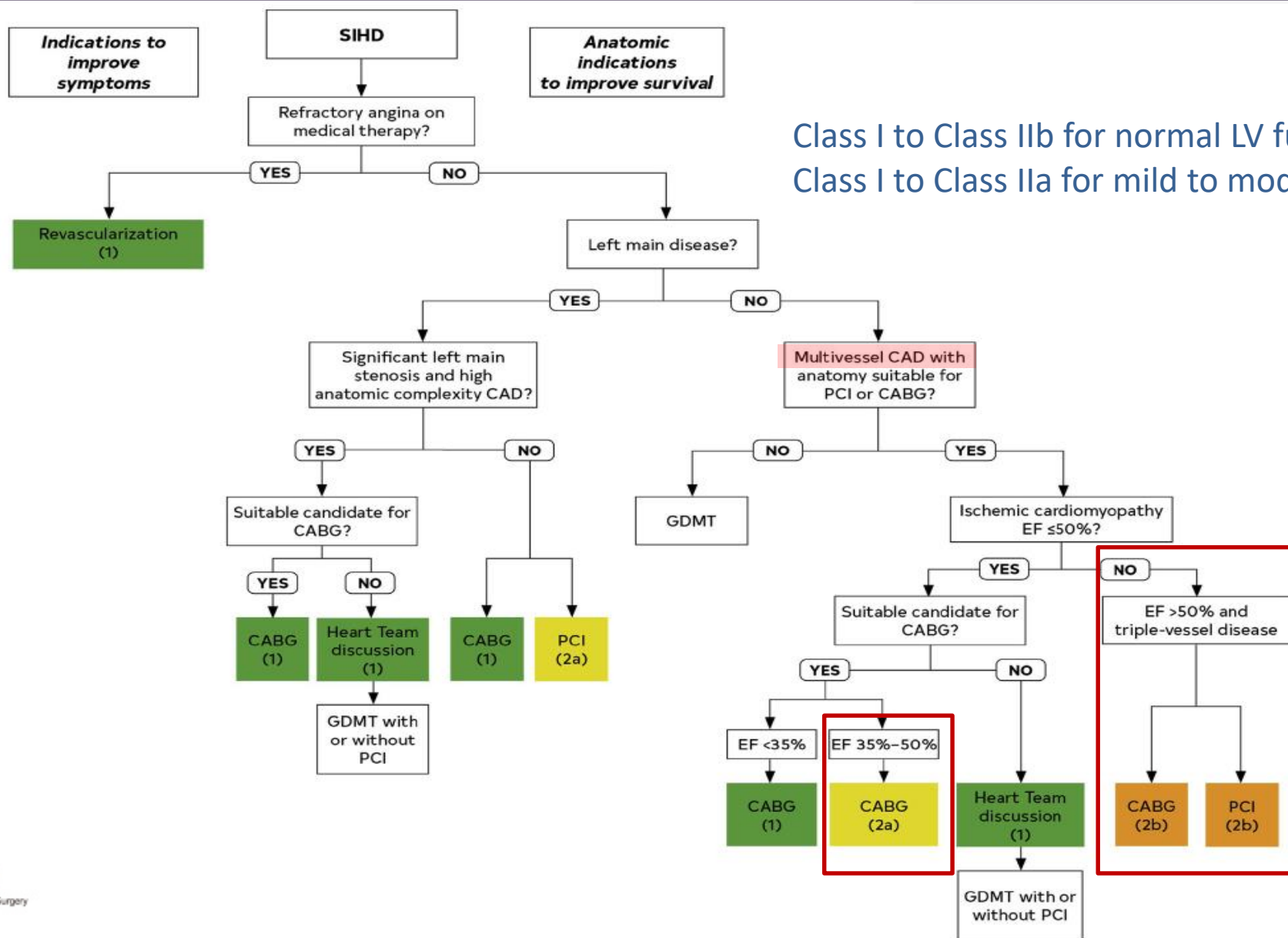
- multi-vessel disease



COR	LOE	RECOMMENDATIONS	TAKE-HOME MESSAGE NO. 4
2b	B-R	1. In patients with SIHD, normal ejection fraction, significant stenosis in 3 major coronary arteries (with or without proximal LAD), and anatomy suitable for CABG, CABG may be reasonable to improve survival (37,40,50,51).	
2b	B-R	2. In patients with <u>SIHD, normal ejection fraction, significant stenosis in 3 major coronary arteries (with or without proximal LAD), and anatomy suitable for PCI, the usefulness of PCI to improve survival is uncertain (50-60).</u>	

# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## - Revascularization in Patients With Stable Ischemic Heart Disease



Class I to Class IIb for normal LV function.  
Class I to Class IIa for mild to moderate LV dysfunction.

# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## - Revascularization to Improve Survival in SIHD Compared with Medical Therapy.

5. The new **Class 2b recommendation**, which represents a **downgrade from a Class 1 recommendation in the 2011 CABG guideline (56)**, reflects new evidence showing no advantage of CABG over medical therapy alone to improve survival in patients with 3-vessel CAD with preserved LV function and no LM disease. The older recommendation was based on evidence from registry studies (26,29,48,57), a meta-analysis (10), and a single RCT (13), all of which were completed >20 to 40 years ago before the development of newer surgical techniques or advances in medical therapy associated with improved prognosis (58,59). Newer evidence from the **ISCHEMIA trial (14)** and from meta-analyses, which incorporated (15,60-62) or did not incorporate (37) the ISCHEMIA results, as well as a more detailed review of earlier studies (63) supported this downgrade. After several hours of deliberation, the writing committee concluded that using **CABG as a revascularization strategy versus medical therapy alone “may be reasonable” to improve survival in stable patients with 3-vessel CAD**. The writing committee recognized that an adequately powered trial to test this hypothesis is unfeasible in the current era but proposed that revascularization confers other benefits to patients with multivessel CAD and SIHD. Accordingly, **Section 7.3** highlights the advantages of revascularization over medical therapy for the prevention of cardiovascular events.

## 2012 Guideline for the Diagnosis and Management for Patients with SIHD

3-vessel disease with or without proximal LAD artery disease*		
CABG	<b>I</b>	B
	IIa—It is reasonable to choose CABG over PCI in patients with complex 3-vessel CAD (e.g., SYNTAX score >22) who are good candidates for CABG.	
PCI	IIb—Of uncertain benefit	B

## 2011 Guideline for Coronary Artery Bypass Graft Surgery Non–Left Main CAD Revascularization

### **CLASS I**

1. CABG to improve survival is beneficial in patients with significant ( $\geq 70\%$  diameter) stenoses in 3 major coronary arteries (with or without involvement of the proximal LAD artery) or in the proximal LAD plus 1 other major coronary artery (314,318,341–344). (Level of Evidence: B)

### **CLASS IIa**

4. It is reasonable to choose CABG over PCI to improve survival in patients with complex 3-vessel CAD (e.g., SYNTAX score >22), with or without involvement of the proximal LAD artery, who are good candidates for CABG (320,334,343,359–360). (Level of Evidence: B)



# Do not Endorse 2021 Coronary Revascularization Guidelines

## The American Association for Thoracic Surgery and The Society of Thoracic Surgeons reasoning for not endorsing the 2021 ACC/AHA/SCAI Coronary Revascularization Guidelines



Joseph F. Sabik III, MD,<sup>a</sup> Faisal G. Bakaeen, MD,<sup>b</sup> Marc Ruel, MD, MPH,<sup>c</sup> Marc R. Moon, MD,<sup>d</sup> S. Christopher Malaisrie, MD,<sup>e</sup> John H. Calhoon, MD,<sup>f</sup> Leonard N. Girardi, MD,<sup>g</sup> and Robert Guyton, MD,<sup>h</sup> for the American Association for Thoracic Surgery and The Society of Thoracic Surgeons

J Thorac Cardiovasc Surg 2022;163:1362-5  
Ann Thorac Surg 2022;113:1065-8 0003-4975/\$36.00  
<https://doi.org/10.1016/j.athoracsur.2021.12.003>

The AATS and STS have **three areas of concern** with the guidelines as written:

- (1) **Downgrading** of CABG in the treatment of three-vessel coronary artery disease (CAD); **COR I → IIb**
- (2) **Lack of recognition of the superior long-term benefits of CABG** vs PCI in decreasing repeat reintervention and postprocedural myocardial infarctions.

COR	LOE	RECOMMENDATION
2a	B-R	1. In patients with SIHD and multivessel CAD appropriate for either CABG or PCI, revascularization is reasonable to lower the risk of cardiovascular events such as spontaneous MI, unplanned urgent revascularizations, or cardiac death (1-8).

- (3) **Awarding a COR I to the radial artery** as a CABG conduit.





# Joint Statement of the Korean Society for Thoracic and Cardiovascular Surgery and the Korean Society for Coronary Artery Surgery of Cardiology// Cardiovascular Coronary Arter



Canadian Journal of Cardiology 38 (2022) 705–708

## Editorial

### Missing the Goal With the 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization\*

Hyun Keun Chee, M.D.<sup>1</sup>, Ho  
 Jun Sung Kim, M.D.<sup>6</sup>, Jin Ho  
 Man-Jong Baek, M.D.<sup>11</sup>, Sul  
 Kyung Hwan Kim, M.D.<sup>3</sup>, Je  
 Thoracic and Cardiovascul

Marc Ruel, MD, MPH,<sup>a</sup> Anne Williams, MD,<sup>b</sup> Maral Ouzounian, MD, PhD,<sup>c</sup>  
 Louise Sun, MD, SM,<sup>d</sup> Jean-Francois Légaré, MD,<sup>e</sup> Ann Thorac Cardiovasc Surg 2022; 28: 4A–6A

Michael E. Farkouh, MD,<sup>h</sup> Edgar Chedrawy,  
 Jennifer Higgins, MD, MSc,<sup>k</sup> Kim Connelly, I  
 David Bewick, MD,<sup>n</sup> Richard Whitlock, MC

Rakesh C. Aro

Statement

### The Japanese Society for Cardiovascular Surgery, The Japanese Association for Thoracic Surgery and The Japanese Association for Coronary Artery Surgery Do Not Endorse Chapter 7.1 in the 2021 ACC/AHA/SCAI Coronary Revascularization Guidelines

Hitoshi Yokoyama, MD, President

On behalf of the Japanese Society for Cardiovascular Surgery

Yoshiki Sawa, MD, President

On behalf of the Japanese Association for Thoracic Surgery

Hirokuni Arai, MD, President

On behalf of the Japanese Association for Coronary Artery Surgery

Online February 9, 2022  
 doi: 10.5761/atcs.s.22-10000



# 2018 ESC/EACTS Guidelines on Myocardial Revascularization

Recommendation for the type of revascularization in patients with stable coronary artery disease with suitable coronary anatomy for both procedures and low predicted surgical mortality<sup>d</sup>

Recommendations according to extent of CAD	CABG		PCI	
	Class <sup>a</sup>	Level <sup>b</sup>	Class <sup>a</sup>	Level <sup>b</sup>
<b>One-vessel CAD</b>				
Without proximal LAD stenosis.	IIb	C	I	C
With proximal LAD stenosis. <sup>68,101,139–144</sup>	I	A	I	A
<b>Two-vessel CAD</b>				
Without proximal LAD stenosis.	IIb	C	I	C
With proximal LAD stenosis. <sup>68,70,73</sup>	I	B	I	C
<b>Left main CAD</b>				
Left main disease with low SYNTAX score (0–22). <sup>69,121,122,124,145–148</sup>	I	A	I	A
Left main disease with intermediate SYNTAX score (23–32). <sup>69,121,122,124,145–148</sup>	I	A	IIa	A
Left main disease with high SYNTAX score ( $\geq 33$ ). <sup>c 69,121,122,124,146–148</sup>	I	A	III	B
<b>Three-vessel CAD without diabetes mellitus</b>				
Three-vessel disease with low SYNTAX score (0–22). <sup>102,105,121,123,124,135,149</sup>	I	A	I	A
Three-vessel disease with intermediate or high SYNTAX score ( $> 22$ ). <sup>c 102,105,121,123,124,135,149</sup>	I	A	III	A
<b>Three-vessel CAD with diabetes mellitus</b>				
Three-vessel disease with low SYNTAX score 0–22. <sup>102,105,121,123,124,135,150–157</sup>	I	A	IIb	A
Three-vessel disease with intermediate or high SYNTAX score ( $> 22$ ). <sup>c 102,105,121,123,124,135,150–157</sup>	I	A	III	A

© ESC 2018



# 2021 Coronary Revascularization Guidelines—Lessons in the Importance of Data Scrutiny and Reappraisal of Evidence

JAMA Surgery March 2023 Volume 158, Number 3

## Faisal G. Bakaeen, MD

Coronary Center,  
Department of  
Thoracic and  
Cardiovascular Surgery,  
Heart, Vascular, and  
Thoracic Institute,  
Cleveland Clinic,  
Cleveland, Ohio.

## Danny Chu, MD

Division of Cardiac  
Surgery, Department of  
Cardiothoracic Surgery,  
University of Pittsburgh  
School of Medicine,  
University of Pittsburgh  
Medical Center Heart &  
Vascular Surgery,  
Pittsburgh,  
Pennsylvania.

## Victor Dayan, MD, PhD

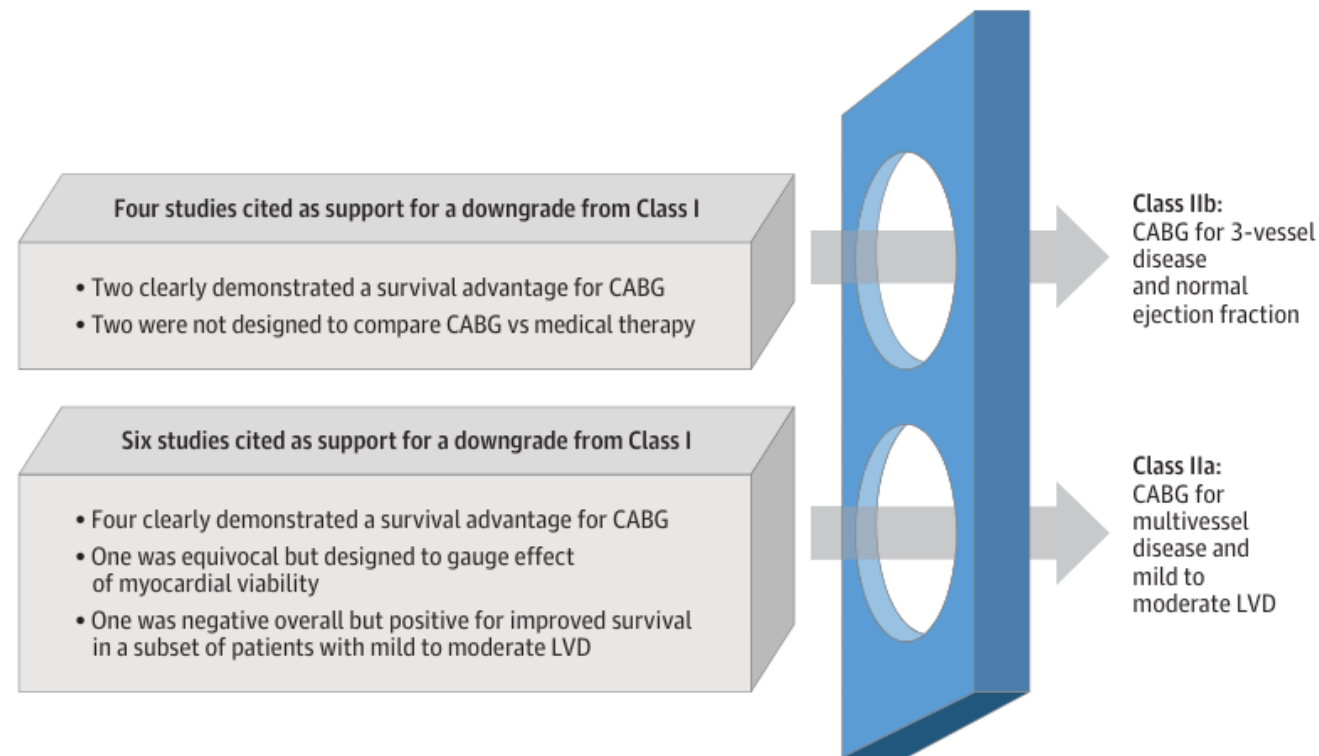
Centro Cardiovascular  
Universitario,  
Montevideo, Uruguay.

**The goal of clinical practice guidelines** is to summarize the best available evidence and make recommendations in line with this evidence. The 2021 American College of Cardiology (ACC)/American Heart Association (AHA)/Society for Cardiovascular Angiography & Interventions (SCAI) guidelines for coronary artery revascularization were published last December and generated significant controversy.<sup>1,2</sup>

The central issue was the downgrade of coronary artery bypass grafting (CABG) relative to medical therapy (MT) in patients with stable ischemic heart disease and severe 3-vessel disease, with survival as the end point: from Class I (strong recommendation) to Class IIb (weak recommendation) in patients with normal ejection fraction and from Class I to Class IIa (moderate recommendation) in patients with mild to moderate left ventricular dysfunction.

Rebuttal editorials from the Society of Thoracic Surgeons and American Association for Thoracic Surgery, in addition to statements of concern, were issued by various cardiac surgery organizations from across the globe.<sup>2</sup> Proponents of the guidelines argue that the recommendations are accurate and that the root cause of the disagreement is the difference in interpretation of the evidence by the writing committee and the professional surgical associations. We disagree.

Figure. Evidence Based on the References Cited in the Recommendation Tables of the 2021 American College of Cardiology/American Heart Association/Society for Cardiovascular Angiography & Interventions Guidelines



## Evidence does not support down grading CABG

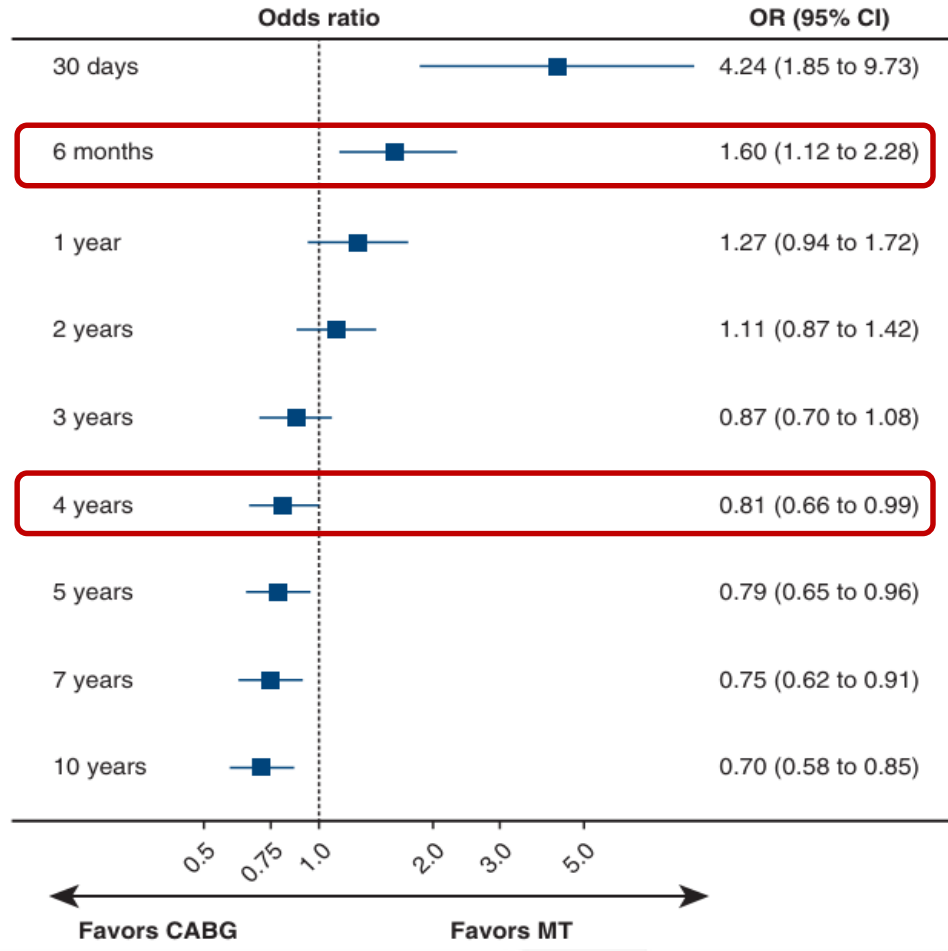
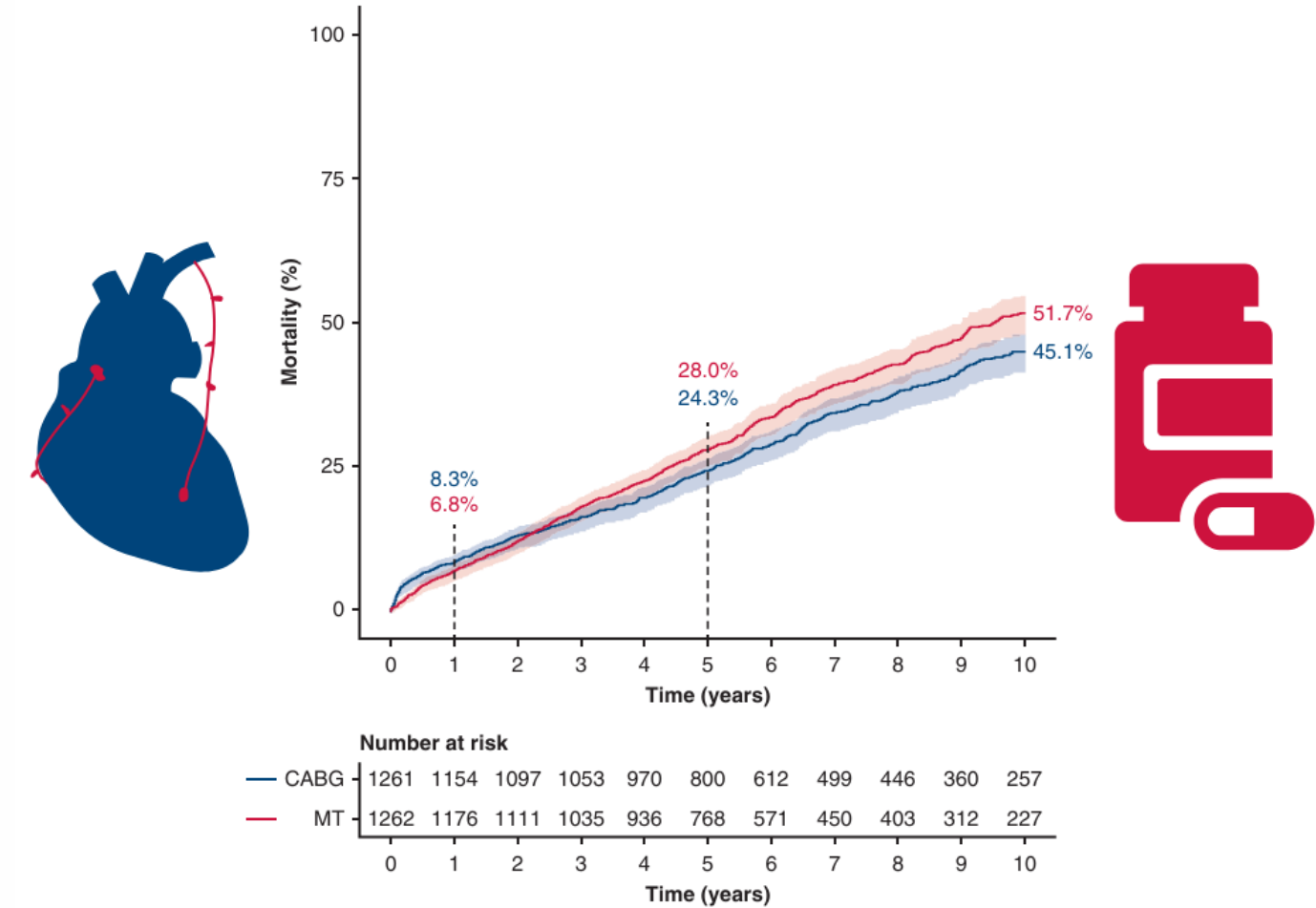
no CABG arm, and CABG constituted a mere 16% of the revascularization procedures. The trials excluded patients with complex coronary artery disease, with very few patients satisfying the guidelines definition of sig-

# Coronary artery bypass grafting versus medical therapy in patients with stable coronary artery disease: An individual patient data pooled meta-analysis of randomized trials

Check for updates






Mario Gaudino, MD, PhD, MSCE,<sup>a</sup> Katia Audisio, MD,<sup>a</sup> Whady A. Hueb, MD, PhD,<sup>b</sup> Gregg W. Stone, MD,<sup>c</sup> Michael E. Farkouh, MD,<sup>d</sup> Antonino Di Franco, MD,<sup>a</sup> Mohamed Rahouma, MD,<sup>a</sup> Patrick W. Serruys, MD, PhD,<sup>e</sup> Deepak L. Bhatt, MD, MPH,<sup>f</sup> Giuseppe Biondi Zoccai, MD,<sup>g,h</sup> Salim Yusuf, DPhil, FRSC, OC,<sup>i</sup> Leonard N. Girardi, MD,<sup>a</sup> Stephen E. Fries, MD,<sup>j</sup> Marc Ruel, MD, MPH,<sup>k</sup> and Bjorn Redfors, MD PhD<sup>l,m,n</sup>

J Thorac Cardiovasc Surg 2024;167:1022-32



# The ISCHEMIA trial revisited: setting the record straight on the benefits of coronary bypass surgery and the misinterpretation of a landmark trial

European Journal of Cardio-Thoracic Surgery 2023, 64(5), ezad361

Walter J. Gomes<sup>a,\*</sup>, Mateo Marin-Cuartas <sup>b,\*</sup>, Faisal Bakaeen<sup>c</sup>, J. Rafael Sádaba<sup>d</sup>, Victor Dayan <sup>e</sup>,  
Rui Almeida <sup>f</sup>, Alessandro Parolari<sup>g</sup>, Patrick O. Myers <sup>h</sup> and Michael A. Borger <sup>b</sup>

## Summary

CABG reduces the long-term risks of myocardial infarction and mortality in advanced coronary artery disease. The ISCHEMIA trial findings of a significantly lower rate of cardiovascular mortality and a higher rate of noncardiovascular mortality with an invasive strategy in patients with reversible ischemia are in agreement with other lines of evidence but have been misinterpreted to result in a downgrading of CABG in recent guidelines. We herein attempt to clarify and correct this misinterpretation.

## The ISCHEMIA controversy explained

Over a median follow-up of 5.7 years, no difference was found in all-cause mortality with an initial invasive strategy compared with an initial conservative strategy. But dichotomic outcomes emerged

A significant **lower** 7-year rate of **cardiovascular mortality** with initial invasive strategy compared with an initial conservative strategy

A significant **higher** 7-year rate of **non-cardiovascular mortality** with the initial invasive strategy compared with the conservative strategy group

The reduction of cardiovascular death or MI in invasive strategy was observed in **subgroups with the most severe CAD**. Most of these patients underwent CABG

The excess non-cardiovascular death was primarily **due to cancer and infection**. Recent evidence links PCI to higher non-cardiovascular mortality.

The projected 10 years follow-up will increase the precision with mortality estimates. Invasive therapy break-down analysis may shed light on the controversy.

**CONCLUSIONS:** The ISCHEMIA trial findings are aligned with previous evidence and should not be used to downgrade recommendations in recent guidelines for the indisputable benefits of CABG.



# STS/AATS-endorsed rebuttal to 2023 ACC/AHA Chronic Coronary Disease Guideline: A missed opportunity to present accurate and comprehensive revascularization recommendations



J Thorac Cardiovasc Surg 2023;166:1115-8

Faisal G. Bakaeen, MD,<sup>a</sup> Marc Ruel, MD,<sup>b</sup> John H. Calhoon, MD,<sup>c</sup> Leonard N. Girardi, MD,<sup>d</sup> Robert Guyton, MD,<sup>e</sup> Dawn Hui, MD,<sup>c</sup> Rosemary F. Kelly, MD,<sup>f</sup> Thomas E. MacGillivray, MD,<sup>g</sup> S. Christopher Malaisrie, MD,<sup>h</sup> Marc R. Moon, MD,<sup>i</sup> Joseph F. Sabik III, MD,<sup>j</sup> Peter K. Smith, MD,<sup>k</sup> Lars G. Svensson, MD, PhD,<sup>a</sup> and Wilson Y. Szeto, MD,<sup>l</sup> for the American Association for Thoracic Surgery and The Society of Thoracic Surgeons

Not addressed by the 2023 CCD Guideline are the survival recommendations for coronary artery bypass grafting (CABG) vs medical therapy (MT) in patients with 3-vessel CAD and an ejection fraction (EF) >0.35.<sup>1</sup> The 2021 ACC/AHA/SCAI Guideline downgraded CABG from class I to class IIa in patients with moderate left ventricular dysfunction and to class IIb in patients with normal left ventricular function. These downgrades are not based on randomized data or robust scientific facts and resulted in international criticism and disapproval.<sup>3-7</sup>

Inaccurate CABG Recommendations Persist in the 2023 ACC/AHA CCD Guideline

The 2023 ACC/AHA Guideline was a missed opportunity to present accurate recommendations.

## CENTRAL MESSAGE

The 2023 ACC/AHA Chronic Coronary Disease Guideline incorporates salient sections on many aspects of coronary disease, but falls short in addressing important issues on coronary revascularization.

2a

B-R

4. In patients with CCD and multivessel CAD appropriate for either CABG or PCI, revascularization in addition to GDMT is reasonable to lower the risk of cardiovascular events such as spontaneous MI, unplanned urgent revascularizations, or cardiac death.\*<sup>13-20</sup>



# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## Bypass Conduits in Patients Undergoing CABG

TAKE-HOME MESSAGE NO. 5



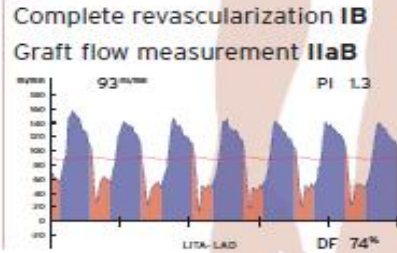
COR	LOE	RECOMMENDATIONS
1	B-R	1. In patients undergoing isolated CABG, <u>the use of a radial artery is recommended</u> in preference to a saphenous vein conduit to graft the second most important, significantly stenosed, non-LAD vessel to improve long-term cardiac outcomes (1-3).
1	B-NR	2. In patients undergoing CABG, an IMA, preferably the left, should be used to bypass the LAD when bypass of the LAD is indicated to improve survival and reduce recurrent ischemic events (4-9).
2a	B-NR	3. In patients undergoing CABG, <u>bilateral IMA (BIMA) grafting by experienced operators can be beneficial</u> in appropriate patients to improve long-term cardiac outcomes (3,10-12).

# 2018 ESC/EACTS Guidelines on Myocardial Revascularization

Conduit selection		
Arterial grafting with IMA to the LAD system is recommended. <sup>453,454,546</sup>	I	B
An additional arterial graft should be considered in appropriate patients. <sup>467,482,547–551</sup>	IIa	B
<u>The use of the radial artery is recommended over the saphenous vein in patients with high-grade coronary artery stenosis.</u> <sup>d 482,549,550,552,553</sup>	I	B
BIMA grafting should be considered in patients who do not have a high risk of sternal wound infection. <sup>e 467,547,548,551</sup>	IIa	B

pulmonary IB  
aorta IB  
IIaB

LIMA to LAD IB  
BIMA if low risk of sternal complications IIaB  
Skeletonize if risk of sternal complications IB



Radial artery in high-grade stenosis IB

Endoscopic vein harvesting IIaA  
No-touch vein harvesting IIaB



# The Society of Thoracic Surgeons Clinical Practice Guidelines on Arterial Conduits for Coronary Artery Bypass Grafting

Gabriel S. Aldea, MD, Faisal G. Bakaeen, MD, Jay Pal, MD, PhD, Stephen Froles, MD, Stuart J. Head, MD, PhD, Joseph Sabik, MD, Todd Rosengart, MD, A. Pieter Kappetein, MD, PhD, Vinod H. Thourani, MD, Scott Firestone, MS, and John D. Mitchell, MD

Aldea et al. Ann Thorac Surg 2016;101:801–9

Internal thoracic arteries (ITAs) should be used to bypass the left anterior descending (LAD) artery when bypass of the LAD is indicated (class of recommendation [COR] I, level of evidence [LOE] B). As an adjunct to left internal thoracic artery (LITA), a second arterial graft (right ITA or radial artery [RA]) should be considered in appropriate

patients with inadequate LITA grafts), use of a RA graft is reasonable when grafting coronary targets with severe stenoses (COR IIa, LOE: B). When RA grafts are used, it is reasonable to use pharmacologic agents to reduce acute intraoperative and perioperative spasm (COR IIa, LOE C). The right gastroepiploic artery may be considered in

- ✓ As an adjunct to LITA to LAD (or in patients with inadequate LITA grafts), use of a RA graft is reasonable when **grafting coronary targets with severe stenoses (COR IIa, LOE B)**,
- ✓ When RA grafts are used, it is reasonable to use pharmacologic agents to reduce acute intraoperative and perioperative spasm (COR IIa, LOE C).

and enhanced sternal stabilization may be considered (COR IIb, LOE C). As an adjunct to LITA to LAD (or in

(Ann Thorac Surg 2016;101:801–9)

© 2016 by The Society of Thoracic Surgeons

# Do not Endorse 2021 Coronary Revascularization Guidelines

## The American Association for Thoracic Surgery and The Society of Thoracic Surgeons reasoning for not endorsing the 2021 ACC/AHA/SCAI Coronary Revascularization Guidelines



Joseph F. Sabik III, MD,<sup>a</sup> Faisal G. Bakaeen, MD,<sup>b</sup> Marc Ruel, MD, MPH,<sup>c</sup> Marc R. Moon, MD,<sup>d</sup> S. Christopher Malaisrie, MD,<sup>e</sup> John H. Calhoon, MD,<sup>f</sup> Leonard N. Girardi, MD,<sup>g</sup> and Robert Guyton, MD,<sup>h</sup> for the American Association for Thoracic Surgery and The Society of Thoracic Surgeons

### ➤ Awarding a COR I to the radial artery as a CABG conduit

- The radial artery COR I is similar to the COR for IMA grafting and higher than for bilateral IMA grafting (IIa).
- Generally requiring at least a 75% stenosis of a LCx with a good distal vessel or a tighter stenosis of a RCA, also with a good distal vessel.
- Also excluded were patients with poor left ventricle or right ventricle function who were likely to require inotropic support in the early postoperative period.
  - ➔ that its COR is similar to internal mammary artery and higher than bilateral internal mammary artery grafting, especially without appropriate qualifiers, does not appear justified. This should be a COR IIa recommendation and should include appropriate qualifiers.

# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## Radial and Femoral Approaches for PCI

COR	LOE	RECOMMENDATIONS	TAKE-HOME MESSAGE NO. 6
1	A	1. In patients with ACS undergoing PCI, a radial approach is indicated in preference to a femoral approach to reduce the risk of death, vascular complications, or bleeding (64-67).	
1	A	2. In patients with SIHD undergoing PCI, the radial approach is recommended to reduce access site bleeding and vascular complications (67-70).	

## Dual Antiplatelet Therapy in Patients After PCI

COR	LOE	RECOMMENDATION	TAKE-HOME MESSAGE NO. 7
2a	A	1. In selected patients undergoing PCI, shorter-duration DAPT (1 to 3 months) is reasonable with subsequent transition to P2Y12 inhibitor monotherapy to reduce the risk of bleeding events (71-74).	

# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

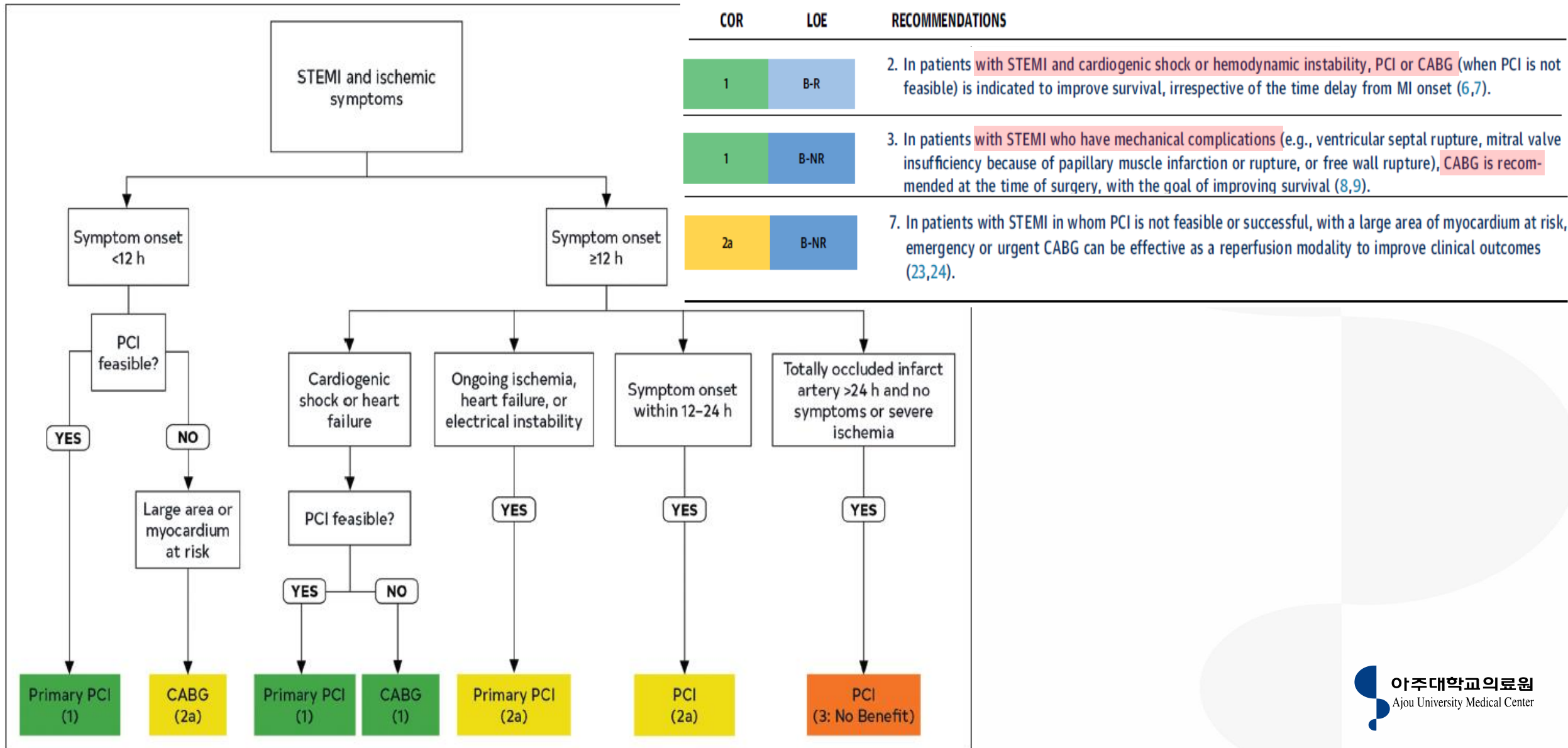
## Revascularization of the Noninfarct Artery in Patients With STEMI

TAKE-HOME MESSAGE NO. 8

COR	LOE	RECOMMENDATIONS
1	A	1. In selected hemodynamically stable patients with STEMI and multivessel disease, after successful primary PCI, staged PCI of a significant noninfarct artery stenosis is recommended to reduce the risk of death or MI (77-80).
2a	C-EO	2. In selected patients with STEMI with complex multivessel noninfarct artery disease, after successful primary PCI, elective CABG is reasonable to reduce the risk of cardiac events.
2b	B-R	3. In selected hemodynamically stable patients with STEMI and low-complexity multivessel disease, PCI of a noninfarct artery stenosis may be considered at the time of primary PCI to reduce cardiac event rates (77,78,81-83).
3: Harm	B-R	4. In patients with STEMI complicated by cardiogenic shock, <u>routine PCI of a noninfarct artery at the time of primary PCI should not be performed</u> because of the higher risk of death or renal failure (84-86).

# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## - Indications for Revascularization in STEMI (Patients Without Fibrinolytics).





# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## Patients With Diabetes

TAKE-HOME MESSAGE NO. 9

COR	LOE	RECOMMENDATIONS
1	A	1. In patients with <u>diabetes and multivessel CAD with involvement of the LAD</u> , who are appropriate candidates for CABG, CABG (with a LIMA to the LAD) is recommended in preference to PCI to reduce mortality and repeat revascularizations (87-94).
2a	B-NR	2. In patients with diabetes, who have multivessel CAD amenable to PCI and an indication for revascularization and are poor candidates for surgery, PCI can be useful to reduce long-term ischemic outcomes (95,96).
2b	B-R	3. In patients with diabetes, who have left main stenosis and low- or intermediate-complexity CAD in the rest of the coronary anatomy, PCI may be considered an alternative to CABG to reduce major adverse cardiovascular outcomes (91,97).



# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## Predicting Patient Risk of Death With CABG

COR	LOE	RECOMMENDATION	TAKE-HOME MESSAGE NO. 10
1	B-NR	1. In patients who are being considered for CABG, calculation of the Society of Thoracic Surgeons risk score is recommended to help stratify patient risk (98,99).	

## Defining Coronary Artery Lesion Complexity: Calculation of the SYNTAX Score

COR	LOE	RECOMMENDATION	TAKE-HOME MESSAGE NO. 10
2b	B-NR	1. In patients with multivessel CAD, an assessment of CAD complexity such as the SYNTAX score may be useful to guide revascularization (115-118)	

TABLE 5 Assessment of Risk Factors Not Quantified in the STS Score	
Risk Factor	Assessment Tool
Cirrhosis	Model for End-Stage Liver Disease (MELD) score (98-100,112-114)
Frailty	Gait speed (102,104-108,110)
Malnutrition	Malnutrition Universal Screening Tool (MUST) (101,103,109,110)

TABLE 6 Angiographic Features Contributing to Increasing Complexity of CAD	
Multivessel disease	Severe tortuosity
Left main or proximal LAD artery lesion	Aorto-ostial stenosis
Chronic total occlusion	Diffusely diseased and narrowed segments distal to the lesion
Trifurcation lesion	Thrombotic lesion
Complex bifurcation lesion	Lesion length >20 mm
Heavy calcification	

# 2022 Joint ESC/EACTS review of the 2018 guideline recommendations on the revascularization of left main coronary artery disease

Task Force structure and summary of clinical evidence of 2022 ESC/EACTS review of the 2018 guideline recommendations on the revascularization of left main coronary artery disease.

European Heart Journal (2023) **44**, 4310–4320  
<https://doi.org/10.1093/eurheartj/ehad476>

## 2022 joint ESC/EACTS review of the 2018 guideline recommendations on the revascularization of left main coronary artery disease in patients at low surgical risk and anatomy suitable for PCI or CABG



### Objective

Review new data since the 2018 ESC/EACTS Guidelines on myocardial revascularization as they apply to patients with left main disease with low-to-intermediate SYNTAX score (0–32)

### Task Force



Interventional cardiologists



Cardiac surgeons



General cardiologists



Methodologist/statistician

6

ESC appointees

6

EACTS appointees



### Heart Team

The Heart Team continues to be of central importance to the consideration of revascularization modality in patients with LM disease as outlined in the 2018 ESC/EACTS Guidelines on myocardial revascularization

### Summary of clinical trial evidence

Review of clinical trial evidence for stable patients with left main coronary artery disease, low or intermediate SYNTAX score, low predicted surgical risk, and suitable anatomy for PCI and CABG

#### 100 people undergoing PCI at 5 years

20% Event<sup>a</sup>

80% Alive, no event

89% Alive

#### 100 people undergoing CABG at 5 years

16% Event<sup>a</sup>

84% Alive, no event

90% Alive

(event = composite of death, MI, or stroke)

# 2018 ESC/EACTS Guidelines on Myocardial Revascularization

Recommendation for the type of revascularization in patients with stable coronary artery disease with suitable coronary anatomy for both procedures and low predicted surgical mortality<sup>d</sup>

Recommendations according to extent of CAD	CABG		PCI	
	Class <sup>a</sup>	Level <sup>b</sup>	Class <sup>a</sup>	Level <sup>b</sup>
<b>One-vessel CAD</b>				
Without proximal LAD stenosis.	IIb	C	I	C
With proximal LAD stenosis. <sup>68,101,139–144</sup>	I	A	I	A
<b>Two-vessel CAD</b>				
Without proximal LAD stenosis.	IIb	C	I	C
With proximal LAD stenosis. <sup>68,70,73</sup>	I	B	I	C
<b>Left main CAD</b>				
Left main disease with low SYNTAX score (0–22). <sup>69,121,122,124,145–148</sup>	I	A	I	A
Left main disease with intermediate SYNTAX score (23–32). <sup>69,121,122,124,145–148</sup>	I	A	IIa	A
Left main disease with high SYNTAX score ( $\geq 33$ ). <sup>c 69,121,122,124,146–148</sup>	I	A	III	B
<b>Three-vessel CAD without diabetes mellitus</b>				
Three-vessel disease with low SYNTAX score (0–22). <sup>102,105,121,123,124,135,149</sup>	I	A	I	A
Three-vessel disease with intermediate or high SYNTAX score ( $>22$ ). <sup>c 102,105,121,123,124,135,149</sup>	I	A	III	A
<b>Three-vessel CAD with diabetes mellitus</b>				
Three-vessel disease with low SYNTAX score 0–22. <sup>102,105,121,123,124,135,150–157</sup>	I	A	IIb	A
Three-vessel disease with intermediate or high SYNTAX score ( $>22$ ). <sup>c 102,105,121,123,124,135,150–157</sup>	I	A	III	A

© ESC 2018

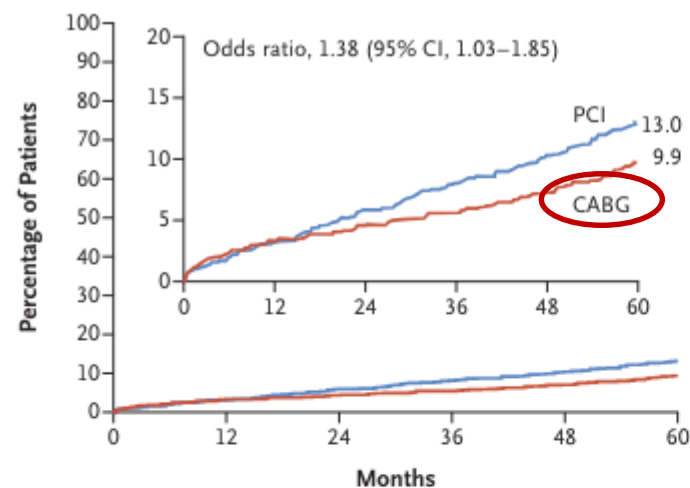
## ORIGINAL ARTICLE

## Five-Year Outcomes after PCI or CABG for Left Main Coronary Disease

G.W. Stone, A.P. Kappetein, J.F. Sabik, S.J. Pocock, M.-C. Morice, J. Puskas, D.E. Kandzari, D. Karpaliotis, W.M. Brown III, N.J. Lembo, A. Banning, B. Merkely, F. Horkay, P.W. Boonstra, A.J. van Boven, I. Ungi, G. Bogáts, S. Mansour, N. Noiseux, M. Sabaté, J. Pomar, M. Hickey, A. Gershlick, P.E. Buszman, A. Bochenek, E. Schampaert, P. Pagé, R. Modolo, J. Gregson, C.A. Simonton, R. Mehran, I. Kosmidou, P. Gèneux, A. Crowley, O. Dressler, and P.W. Serruys, for the EXCEL Trial Investigators\*

N Engl J Med 2019;381:1820-30.

## A Death from Any Cause



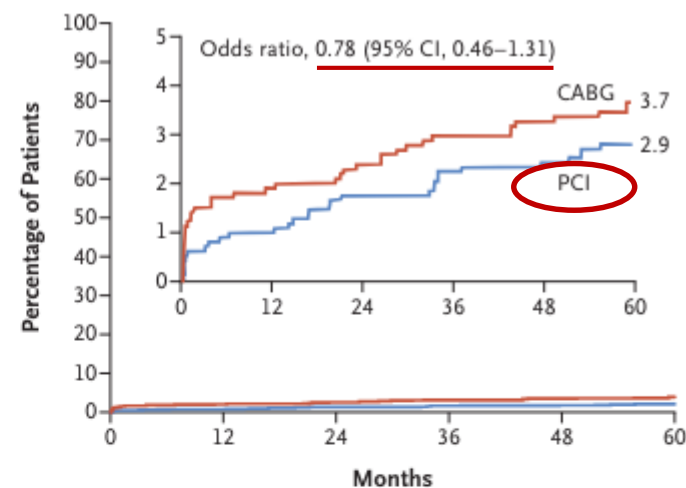
No. at Risk

PCI (N=948)

CABG (N=957)

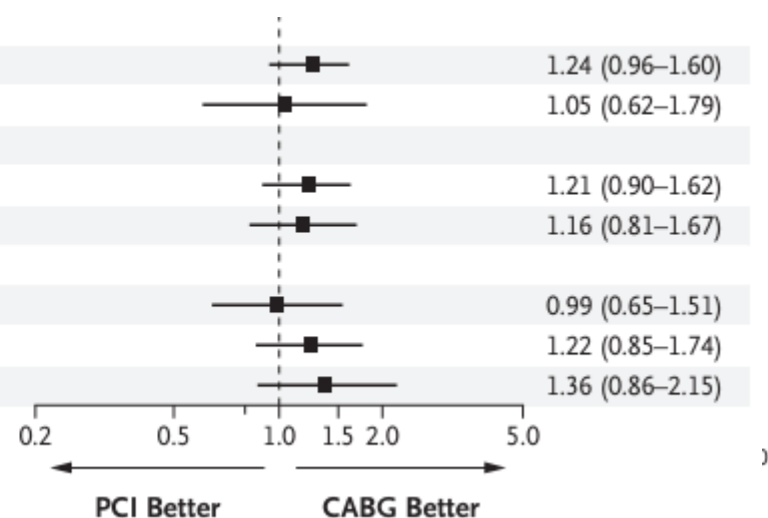
	Events/total patients no.	Event rate %	Events/total patients no.	Event rate %
Left main bifurcation or trifurcation stenosis ≥50% (core laboratory assessment)				
Yes	171/771	22.7	136/741	19.0
No	32/171	19.2	35/195	18.9
SYNTAX score (site reported)				
≤22	119/560	21.9	106/588	18.7
23-32	84/386	22.2	70/366	20.0
SYNTAX score (core laboratory assessment)				
≤22	49/294	17.2	58/364	16.7
23-32	91/392	23.7	69/346	20.7
≥33	56/228	25.0	42/216	20.0

## B Stroke



No. at Risk

Odds Ratio (95% CI)



No. at Risk

PCI	948	860	819	788	750	496
CABG	957	827	801	778	749	543

No. at Risk

PCI	948	847	781	741	690	457
CABG	957	853	814	785	744	542



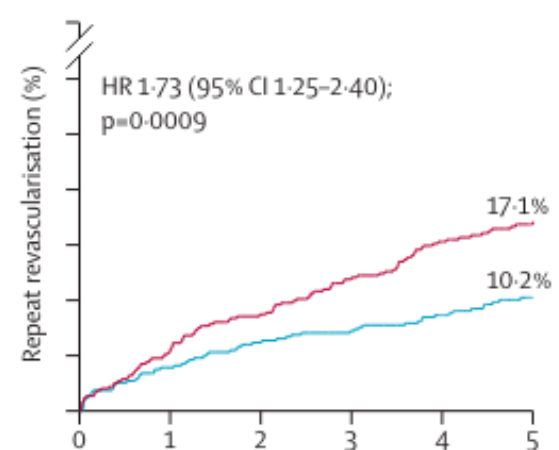
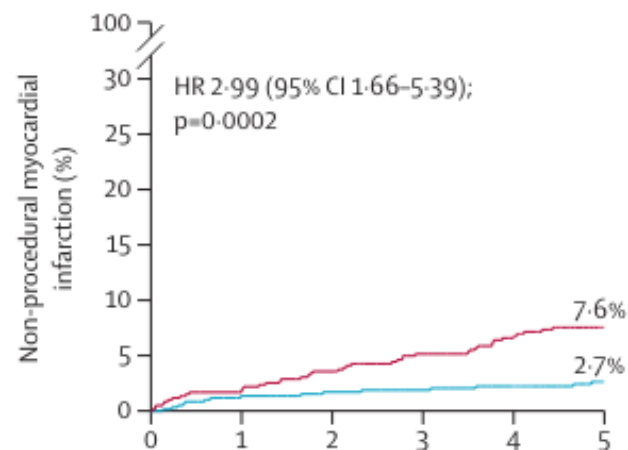
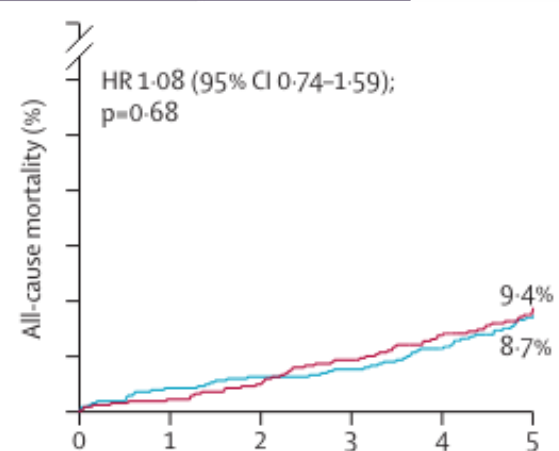
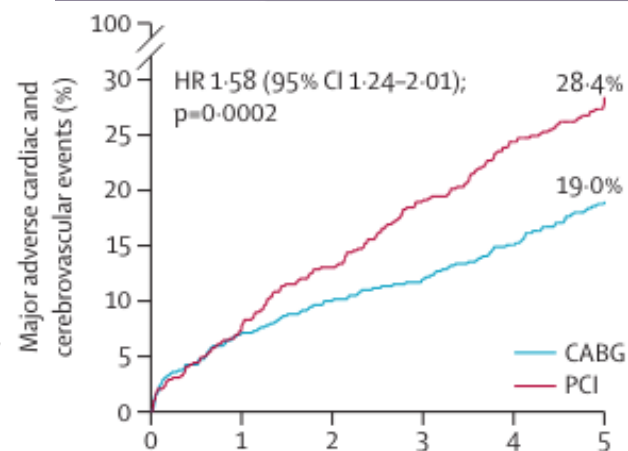
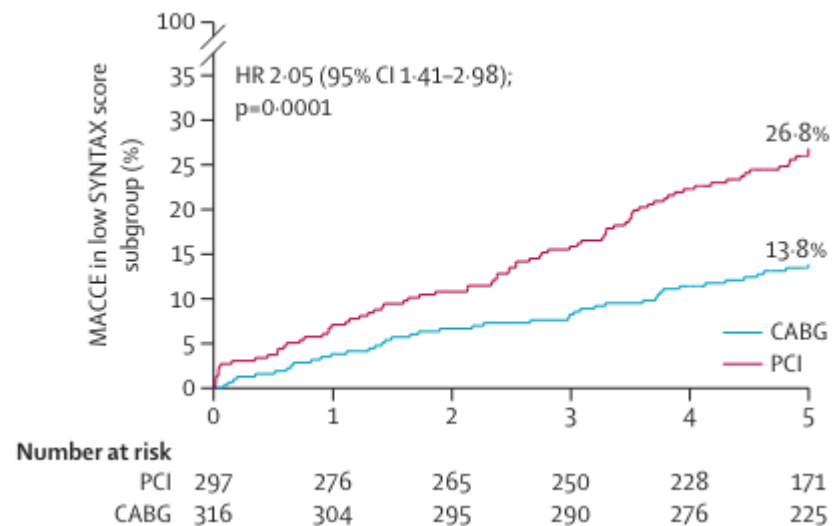
Figure 3. Time-to-First-Event Curves for the Components of the Primary and Secondary Composite Outcomes through 5-Year Follow-up.

# Percutaneous coronary angioplasty versus coronary artery bypass grafting in the treatment of unprotected left main stenosis: updated 5-year outcomes from the randomised, non-inferiority NOBLE trial

Lancet 2020; 395: 191-99

Niels R Holm, Timo Mäkiäliö, M Mitchell Lindsay, Mark S Spence, Andrejs Erglis, Ian B A Menown, Thor Trovik, Thomas Kellerth, Gintaras Kalinauskas, Lone Juul Hune Mogensen, Per H Nielsen, Matti Niemelä, Jens F Lassen, Keith Oldroyd, Geoffrey Berg, Peteris S Simon J Walsh, Alastair N J Graham, Petter C Endresen, Ole Frøbert, Uday Trivedi, Vesa Anttila, David Hildick-Smith, Leif Thuesen, Evald H Christiansen, for the NOBLE investigators\*

**Interpretation** In revascularisation of left main coronary artery disease, PCI was associated with an inferior clinical outcome at 5 years compared with CABG. Mortality was similar after the two procedures but patients treated with PCI had higher rates of non-procedural myocardial infarction and repeat revascularisation.

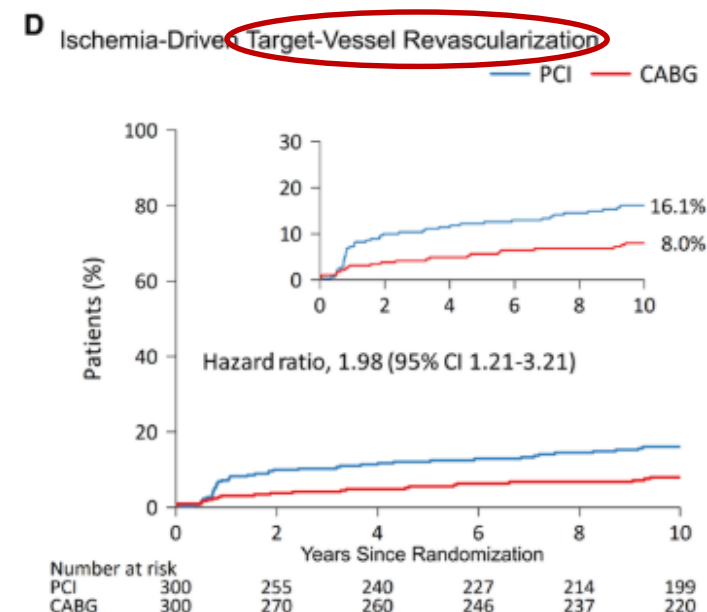
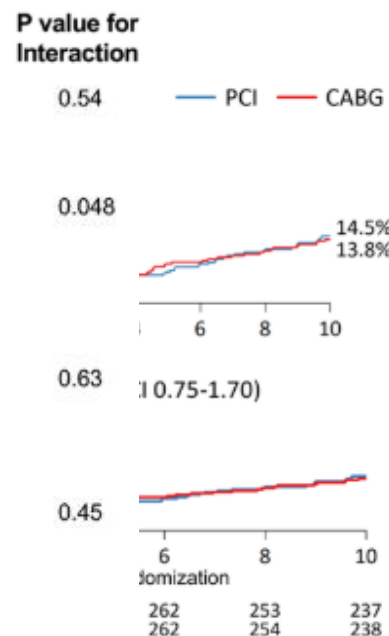
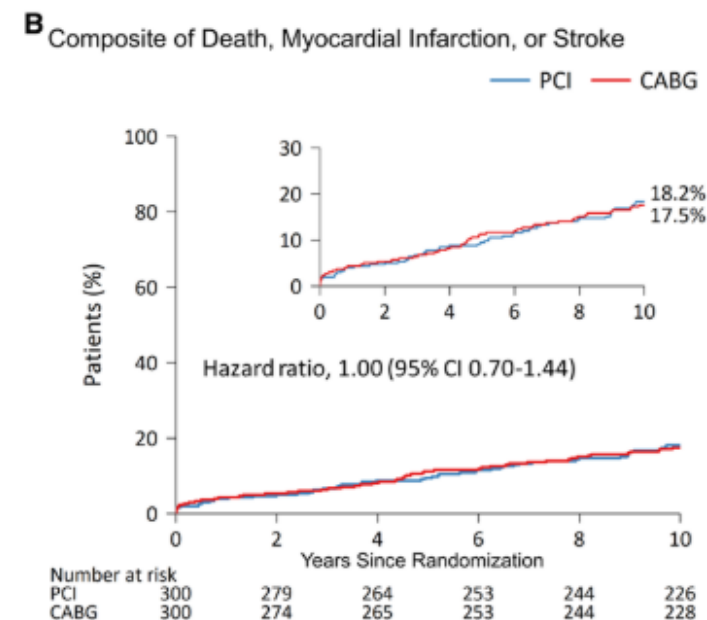
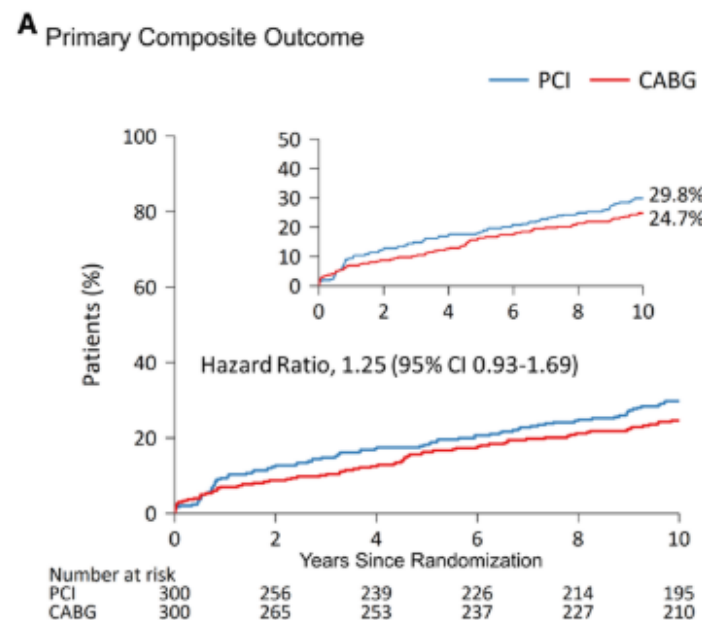
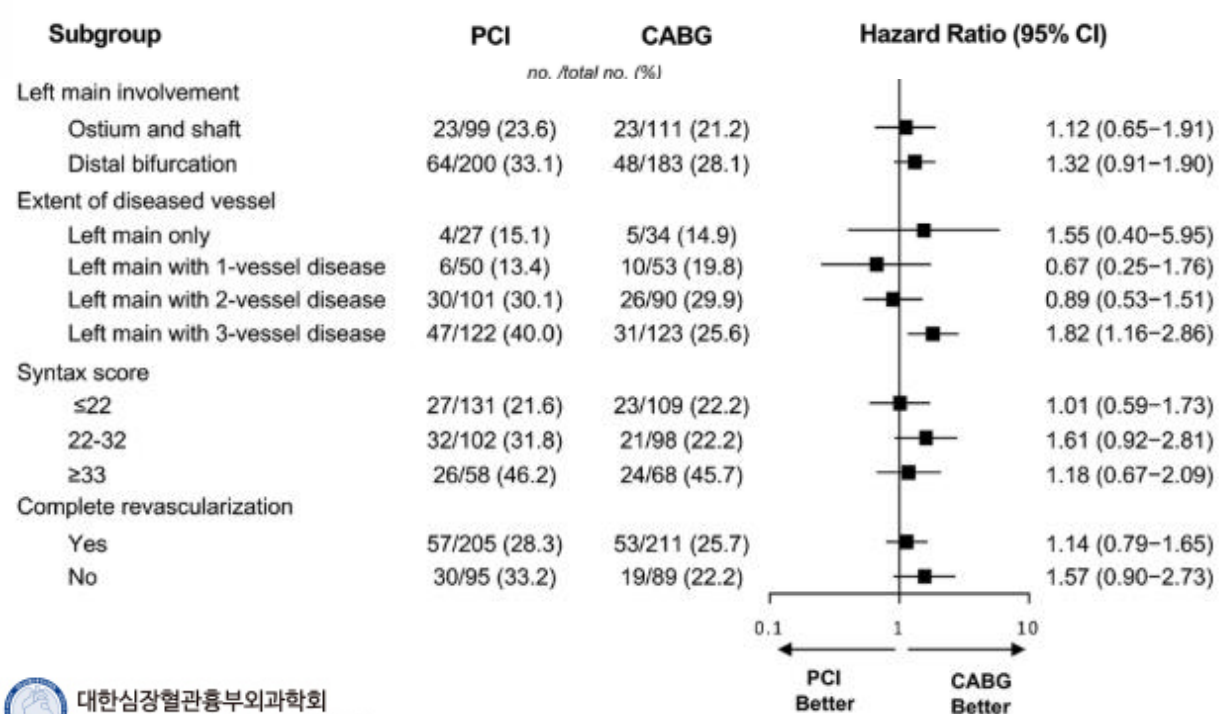




# Ten-Year Outcomes After Drug-Eluting Stents Versus Coronary Artery Bypass Grafting for Left Main Coronary Disease

Extended Follow-Up of the PRECOMBAT Trial

Circulation. 2020;141:1437–1446. DOI: 10.1161/CIRCULATIONAHA.120.046039



ary and key secondary outcomes through 10-year follow-up.



# Percutaneous coronary intervention versus coronary artery bypass grafting in patients with three-vessel or left main coronary artery disease: 10-year follow-up of the multicentre randomised controlled SYNTAX trial

Daniel J F M Thuijs, A Pieter Kappetein, Patrick W Serruys, Friedrich-Wilhelm Mohr, Marie-Claude Morice, Michael J Mack, David R Holmes Jr, Nick Curzen, Piroze Davierwala, Thilo Noack, Milan Milojevic, Keith D Dawkins, Bruno R da Costa, Peter Jüni, Stuart J Head, for the SYNTAX Extended Survival Investigators\*

Lancet 2019; 394: 1325-34

## Added value of this study

The current study is the first randomised trial that reports complete 10-year data on all-cause death in patients with de-novo three-vessel and left main coronary artery disease after PCI with drug-eluting stents versus CABG. It provides important insights into the relative effectiveness of PCI versus CABG regarding the most robust and clinically relevant outcome—

all-cause death. At 10 years, no significant difference was found in all-cause death between PCI using first-generation paclitaxel-eluting stents and CABG. However, CABG provided a significant survival benefit in patients with three-vessel disease, but not in patients with left main coronary artery disease.

These findings can aid decision making for patients with coronary artery disease who require PCI or CABG, accounting for differences in cardiovascular risk factors, coronary lesion complexity (eg, SYNTAX score), and the presence of three-vessel or left main coronary artery disease.

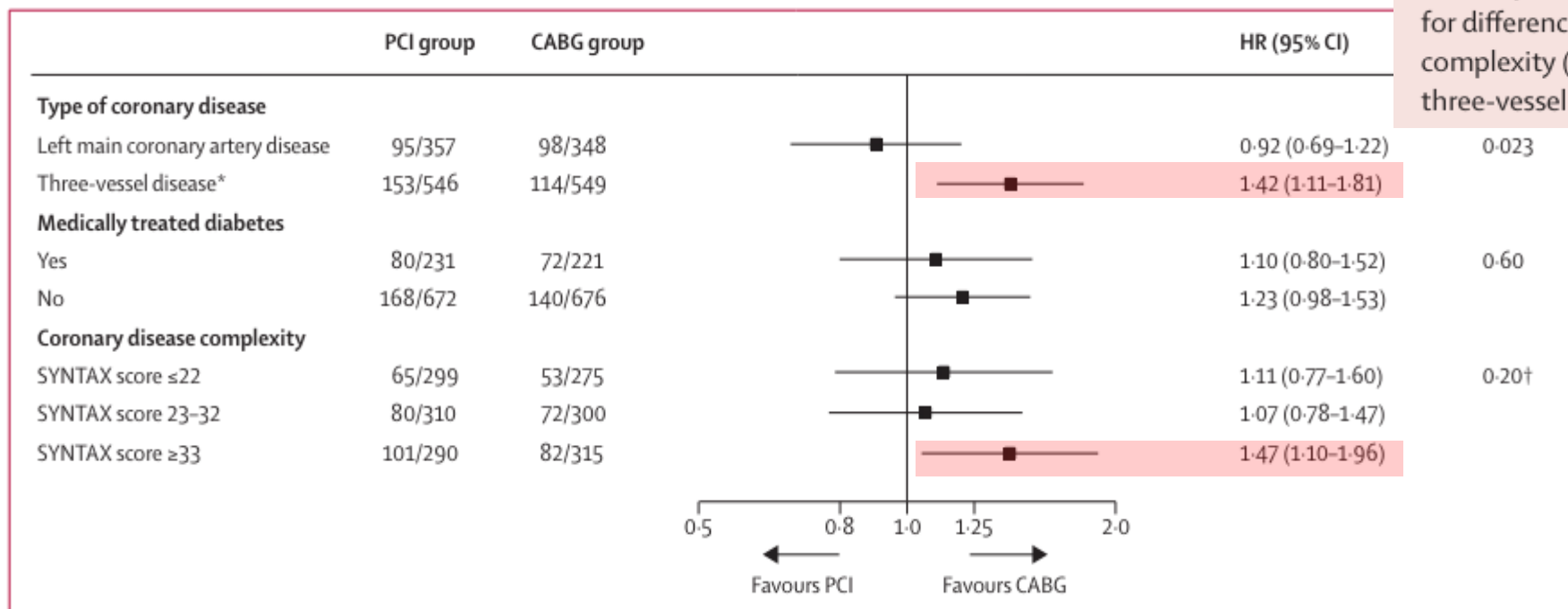


Figure 4: Forest plot of prespecified subgroup analyses of 10-year all-cause death (intention-to-treat population)

# Percutaneous coronary intervention with drug-eluting stents versus coronary artery bypass grafting in left main coronary artery disease: an individual patient data meta-analysis

Marc S Sabatine\*, Brian A Bergmark\*, Sabina A Murphy, Patrick T O’Gara, Peter K Smith, Patrick W Serruys, A Pieter Kappetein, Seung-Jung Park, Duk-Woo Park, Evald H Christiansen, Niels R Holm, Per H Nielsen, Gregg W Stone, Joseph F Sabik, Eugene Braunwald

Lancet 2021; 398: 2247-57

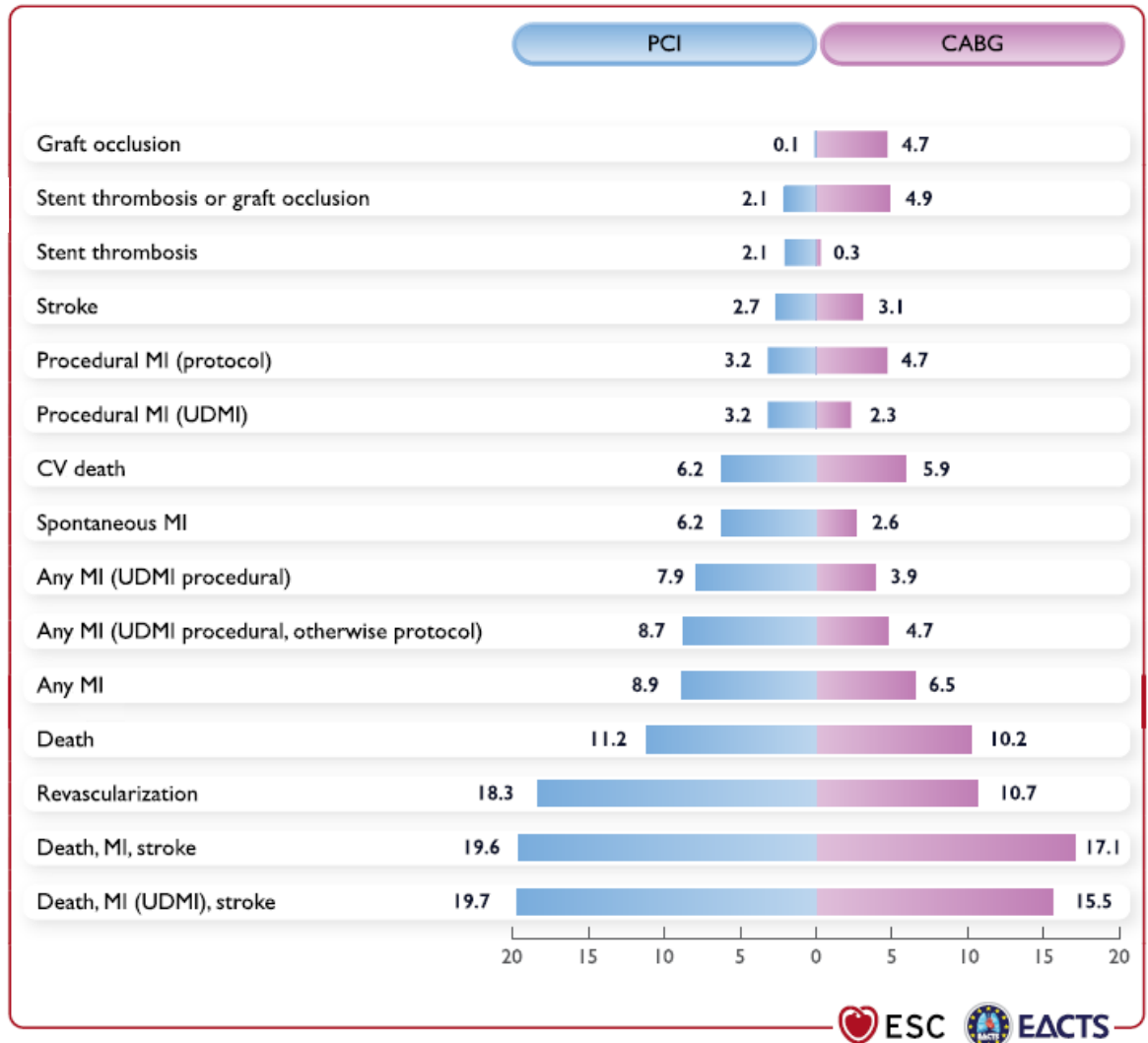
Recommendation	CABG		PCI	
	Class <sup>a</sup>	Level <sup>b</sup>	Class <sup>a</sup>	Level <sup>b</sup>
Left main disease with low or intermediate SYNTAX score (0–32).	I	A	Ila	A

CABG, coronary artery bypass graft; PCI, percutaneous coronary intervention; SYNTAX, Synergy Between Percutaneous Coronary Intervention with TAXUS and Cardiac Surgery.

<sup>a</sup>Class of recommendation.

<sup>b</sup>Level of evidence.

Suggested recommendation for type of revascularization in stable patients with left main disease, coronary anatomy suitable for both procedures and low predicted surgical mortality.



**Figure 1** 5-year clinical outcomes with PCI vs. CABG in pooled analysis of randomized trials. CABG, coronary artery bypass grafting; CV, cardiovascular; MI, myocardial infarction; PCI, percutaneous coronary intervention; UDMI, Universal Definition of Myocardial Infarction.

# 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

## CABG in Patients Undergoing Other Cardiac Surgery

COR	LOE	RECOMMENDATIONS
1	C-LD	1. In patients undergoing valve surgery, aortic surgery, or other cardiac operations who have significant CAD, CABG is recommended with a goal of reducing ischemic events (1-11).
2b	C-LD	2. In patients undergoing valve surgery, aortic surgery, or other cardiac operations who have intermediate CAD, CABG may be reasonable with a goal of reducing ischemic events (5,7,10,12).

## Use of Epiaortic Ultrasound in Patients Undergoing CABG

COR	LOE	RECOMMENDATION
2a	B-NR	1. In patients undergoing CABG, the routine use of epiaortic ultrasound scanning can be useful to evaluate the presence, location, and severity of plaque in the ascending aorta to reduce the incidence of thromboembolic complications (1-10).

## Use of Cardiopulmonary Bypass in Patients Undergoing CABG

COR	LOE	RECOMMENDATIONS
2a	B-R	1. In patients with significant calcification of the aorta, the use of techniques to avoid aortic manipulation (off-pump techniques or beating heart) is reasonable to decrease the incidence of perioperative stroke when performed by experienced surgeons (1,2).
2b	B-R	2. In patients with significant pulmonary disease, off-pump surgery may be reasonable to reduce perioperative risk when performed by experienced surgeons (2-6).

# Summary

---

- Despite the downgrades in the 2021 guidelines, the importance of CABG in patients with stable coronary artery disease remains significant. CABG plays a crucial role in improving long-term survival and reducing the risk of serious cardiovascular events.
- It is crucial to note that the data generated thus far by the ISCHEMIA trial cannot be used to justify downgrading the recommendations for CABG in patients with chronic coronary disease. CABG has consistently been shown to reduce myocardial infarction and mortality rates compared to medical therapy in patients with multivessel CAD.
- Therefore, it is essential to re-evaluate the importance of CABG based on both new and existing robust evidence and to reflect these findings in appropriate recommendations.

**Thank you for your attention**

